

Activity Calendar - April 2024

The Director's Corner





Welcome to a busy April month! Soon we will be opening the patio back up when the temperatures are bit more consistent. We look forward to utilizing the patio for planting, future BBQs, and other fun activities in the months ahead!

Finally, don't miss a performance by Shawn Taylor on Tuesday, April 23rd. This event is made possible by the generous donations we received through a fund in loving honor of a former Adult Day member Edmund McCarthy.

Caregiver Meetings


This month the caregiver support meetings will take place on April 16th (virtual) and April 17th (in-person, masks are optional). *RVSP's are appreciated though not required to attend.*

To obtain the virtual link or for more information, contact Tiffany Colucci MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
10:00am Exercises 10:30am Table Games 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Reminiscing to the 50's and 60's 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bowling 2:30pm Refreshments	10:00am Exercises 10:30am Crafty Jewelry 10:30am Flower Stenciling 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Karaoke 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bottom's Up Game 2:30pm Refreshments	10:00am Exercises 10:30am Hangman Lunch 1:00pm Train of Thought 1:30pm Tai Chi w/ Jonathon 2:30pm Refreshments
8	9	10	11	12
10:00am Exercises 10:30am Wordle 10:30am Men's group  Lunch 1:00pm Afternoon Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Can You Guess Their Names 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Drum Line 2:30pm Refreshments	10:00am Exercises 10:30am Sing to the Lyrics 10:30am Rummikub 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Facts or Fiction 10:30am Men's Group Lunch 1:00pm Afternoon Stretches 1:30pm What Happened Then! 2:30pm Refreshments	10:00am Exercises 10:30am Table Games Lunch 1:00pm Afternoon Stretches 1:30pm Entertainment w/ Carl Lindquist 2:30pm Refreshments
15	16	17	18	19
10:00am Exercises 10:30am 60-70's Trivia 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am News from the 50's 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Word Find 2:30pm Refreshments	10:00am Exercises 10:30am Price was Right Then! 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Scrambled Words 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Thumb Ball Toss 2:30pm Refreshments	10:00am Exercises 10:30am Entertainment w/ John Valerio Lunch 1:00pm Stretches 1:30pm Entertainment w/ KillianTroupe 2:30pm Refreshments
22	23	24	25	26
10:00am Exercises 10:30am Would you Rather 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Word Tease 10:30am Men's group  Lunch 1:00pm Seated Stretches 1:30pm Entertainment w/ Shawn Taylor 2:30pm Refreshments 3:00pm Caregiver Support GRP (Virtual)	10:00am Finish the Lyrics 10:30am Chair Yoga w/ Doris 10:30am Men's group Lunch - Out Trip 1:00pm 60's Current Events 1:30pm Bingo 2:30pm Refreshments 3:00pm Caregiver Support GRP (In-Person)	10:00am Exercises 10:30am Scattergories 10:30am Men's group Lunch 1:00pm Seated Stretches 1:30pm Passing through the Milestones 2:30pm Refreshments	10:00am Music Trivia 10:30am Chair Yoga w/ Doris Lunch 1:00pm Stretches 1:30pm Sing Along 2:30pm Refreshments
29	30	Join us for  Coffee Hour Every Morning at 9:00am		 -HAPPY- Passover
10:00am Exercises 10:30am You Be the Judge 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Bingo 2:30pm Refreshments	10:00am Exercises 10:30am Famous People 10:30am Men's group Lunch 1:00pm Afternoon Stretches 1:30pm Wheel of Fortune 2:30pm Refreshments			

Alternate programs are offered daily, Calendars are subject to change.

Lunch Menu - April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>EGG DROP SOUP SWEET & SOUR CHICKEN SESAME NOODLES/EGG ROLL JAPANESE BLEND VEGETABLES PEANUT BUTTER BROWNIE</p>	<p>2</p> <p>ITALIAN WEDDING SOUP MANICOTTI W/MARINARA SAUCE TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD</p>	<p>3</p> <p>POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW CARAMEL BROWNIE</p>	<p>4</p> <p>PASTA FAGIOLI SOUP CHICKEN PARMESAN GARLIC ORZO RATATOUILLE CHOCOLATE CREAM PIE</p>	<p>5</p> <p>QUINOA VEGETABLE SOUP BAKED ZITI WITH MEAT SAUCE STEAMED BROWN RICE GARLIC ITALIAN BEANS VANILLA CAKE W/CHOC ICING</p>
<p>8</p> <p>ESCAROLE & BEAN SOUP VEGETABLE LASAGNA BAKED YAM GARLIC BREAD GARLIC BROCCOLI MINT BROWNIES</p>	<p>9</p> <p>BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE</p>	<p>10</p> <p>TURKEY & WILD RICE SOUP HAMBURGER ON A BUN W/LETTUCE & TOMATO BAKED BEANS THREE BEAN SALAD TAPIOCA PUDDING</p>	<p>11</p> <p>WISCONSIN CHEESE SOUP TERYAKI CHICKEN MASHED POTATOES THAI STYLE VEGETABLE SALAD CINNAMON ROLL APPLE PIE</p>	<p>12</p> <p>PIZZA DAY TURKEY NOODLE SOUP CHEESE PIZZA GARDEN SALAD CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING</p> 
<p>15</p> <p>ITALIAN WEDDING SOUP EGGPLANT ROLLATINI RICE PILAF BROCCOLI PINEAPPLE UPSIDE DOWN CAKE</p>	<p>16</p> <p>BEEF BARLEY SOUP HOMESTYLE BEEF STEW CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING</p>	<p>17</p> <p>POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS PEACH CRISP</p>	<p>18</p> <p>BUTTERNUT SQUASH SOUP SPAGHETTI & MEATBALLS ROASTED VEGETABLE MEDLEY GARLIC BREAD CHOCOLATE CREAM PIE</p>	<p>19</p> <p>CREAM OF BROCCOLI SOUP HAWAIIAN CHICKEN COCONUT RICE SAUTEED RATATOUILLE CHERRY COBBLER</p>
<p>22</p> <p>GINGER CARROT SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL JAPANESE BLEND VEGGIES PEACHES</p>	<p>23</p> <p>WISCONSIN CHEESE SOUP MEATLOAF W/GRAVY BROCCOLI DINNER ROLL BLUEBERRY COBBLER</p>	<p>24</p> <p>POTATO LEEK SOUP HAMBURGER ON A BUN FRENCH FRIES BAKED BEANS CHOCOLATE CAKE</p>	<p>25</p> <p>CHICKEN & RICE SOUP STUFFED SHELLS MARINARA GREEN BEAN CASSEROLE GARLIC BREAD APPLE PIE</p>	<p>26</p> <p>MINISTRONE SOUP BEEF BURGUNDY RED SMASHED POTATOES SAUTEED MIXED VEGETABLES PUMPKIN CHEESECAKE</p>
<p>29</p> <p>EGG DROP SOUP SWEET & SOUR CHICKEN SESAME NOODLES/EGG ROLL JAPANESE BLEND VEGETABLES PEANUT BUTTER BROWNIE</p>	<p>30</p> <p>ITALIAN WEDDING SOUP MANICOTTI W/MARINARA SAUCE TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD</p>	